

**Country:** Republic of Armenia

**Committee:** WHO

**Agenda Item:** Reducing the Global Incidence of Sexually Transmitted Infections(STIs) & Preventing Misuse of Mental Health Medication and Transforming Mental Health For All

**Delegate Name:**Efe Somuncu



The World Health Organization is the directing and coordinating authority on international health within the United Nations system. The objective of WHO is the attainment by all peoples of the highest possible level of health. Health, as defined in the WHO Constitution, is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.

A. Reducing the Global Incidence of Sexually Transmitted Infections(STIs)

Sexually Transmitted Infections(STIs) or Sexually Transmitted Diseases(STDs) are diseases which are passed from one partner to another via fluids through sexual intercourse. In addition, there are several ways of transmitting STIs: unsterilized needles, blood transfusions, spreading from the infected mother to the baby during the birth and breast-feeding. STIs are the most infectious diseases that are known to humankind.

The Armenian Republic thinks that STIs are huge problems in the world and should be tried to reduce and prevent it as hard as we can. In the Republic of Armenia most of the STIs problems occur from some main reasons as like all over the world. Lack of education and awareness about STIs causes lack of importance about STIs. When people don't know the

importance of STIs and morbidity-mortality , people don't give enough importance to this worldwide problem. Poverty is a big problem in countries which have poor living conditions. Everyone who is 15-64 years old should be tested for STIs such as syphilis, HIV, hepatitis B... In these countries, people can't get tests for these diseases because of poverty. When we consider that Armenia is suffering from economic and demographic factors, not getting tested is an issue in The Republic of Armenia too. This issue causes STIs to not be seen as an important problem because when people can't get tests they don't give enough importance to STIs. Another factor is unprotected sex. In a sexual intercourse if one of the partners had sex before with a lot of different people, if the infection level of the partner is high the other partner's risk of getting infected is high either. Lack of condom usage is strictly related with unprotected sex problem. One of the factors at transmission of STIs is migration. The Republic of Armenia is already dealing with the refugee problem, this means that there are a lot of people entering the country with the risk of infection. Studies show that partnership's transmission of STI risk with migrant partners can be higher than with non-migrant partners.

The World Health Organization thinks that prevention of STIs is not taken seriously by most of the country. When we consider that there are more than one million STIs acquired everyday in 15-64 people worldwide, this issue should be taken seriously.

There are some difficulties about reducing STIs. There needs to be a budget for STIs testing, treatment and surveillance. In low and middle income countries funding-limitations became a challenge in reducing STIs. As we mentioned before, people lack awareness about STIs.

There are some misconceptions like just visual inspection is enough to detect Gonorrhoea, Chlamydia, and Herpes.

The Republic of Armenia has already taken some actions to prevent STIs. The Armenian Republic provided condoms for free with the help of some non-governmental organizations because lack of condom usage is one of the problems of STIs. There are some other actions taken by the Armenian Republic to prevent STIs. The Republic of Armenia has collaborated with non-governmental organizations such as UMCOR for the aim of prevention, raising awareness about STIs. Also the Armenian Republic gives importance to adding STIs in their school health education because there is a misconception that adolescents that doesn't performed sexual acts together or get drugs by intravenously.

#### B. Preventing Misuse of Mental Health Medication and Transforming Mental Health For All

Mental health is one person's psychological, emotional, and social well-being states, allowing this person to cope with mental threats, stress, relationships and realise their full potential.

As The Republic of Armenia, we think that mental health is an important issue in our world. According to our committee, the World Health Organization, approximately %25 of the people in the world have mental health conditions. In Armenia, the estimation of %38 suffering from mental disorders is %13 higher than World Health Organization's (WHO) universal estimation which is %25.

There are a lot of different types of antidepressants. Brain is a very complex organ so if a medication is good for one person's mental health, it can be non-beneficial to another person. Sometimes the success rate on treatment of the medication depends on the more specific

things like the whole life of the patient. Relationships, stress, job, and a lot of other factors in a patient's life. Actually the treatment changes according to the patient's mental health state. The doctor decides that. In addition, when the treatment level gets higher the side effects that can be occur from a medication can be seen more. Because of that medications should be used under the care of a doctor. There are many different definitions for misuse but we can say: usage of a drug without the care of a doctor, and not consistent with the legal way or the suitable dosage.

In The Republic of Armenia, unfortunately the importance given to mental health is less than physical health. Also in Armenia there is no continuous medical education available for psychiatry and clinical psychology. Besides, stigmatization of mental health disorders is very high among the Armenian Republic's general population.

There are some ways at preventing the misuse of mental health medication. In the best interest of the patient, it is necessary to be sure that the medication is correct, this is the doctor's responsibility. In this process it is important there to be effective and honest communication between patient and doctor. The other thing that should be done by the patient is knowing what the medication is for and directions of the medication.

In the world, mental health disorders are sometimes considered as a shameful thing because usually the environment isn't available for mental health treatment. As The Republic of Armenia, we think that by enhancing reliability and safety, reshaping the environment with these two things and strengthening the collaboration with people.

**sources:**

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**[armenia\\_who\\_aims\\_report](#)**

**[Welcome to Victor Agadjanian's world!](#)**

**[Mental Health Concerns in Armenia - Ballard Brief - BYU](#)** [Ballard Brief](#)

<https://ballardbrief.byu.edu > ...>

**[Sexually transmitted infections \(STIs\)](#)** [World Health Organization \(WHO\)](#)

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